



**CAFÉ**  
NUCLEUS  
2012-2022

# FROM TINY ACORNS MIGHTY OAK TREES GROW...

*From field, boat, herd or flock we at Café Nucleus work with our suppliers and our supply chain to ensure we deliver the very best produce from traceable origins, predominately from farms and suppliers here in Kent.*



# BRUNCH

## **Maison Heritage Freshly Baked Croissant 1.20-**

Our award-winning croissants are selected by our Parisian head chef, they're exceptional croissant made with ingredients from France: such as French wheat flour, Brittany butter and Label Rouge eggs. The recipe contains sourdough, which guarantees unique flavors and aromas. The recipe dates back to the 1700's and they continue to be made in the traditional way.

**Add Tiptree preserve for an extra 0.60**

## **Maison Heritage Freshly Baked Almond Croissant 2.00-**

### **Maison Heritage Freshly Baked Filled Croissant with:**

**Ham & Coastal Cheddar 5-**

**Coastal Cheddar with Fresh Tomato  5-**

**Mackenzies Bacon & Coastal Cheddar 5-**

**Kentish Blue and Mango Chutney  5-**

**Toasted Tea Cake 2.80-**

## **Warm Cheese Scone 3.80-**

A warm baked cheese scone served with Cornish butter.

## **Toast 3.50-**

Enjoy two slices of toasted white/malted/gluten-free bloomer with Cornish butter and a choice of Tiptree preserve.

## **Hot Mackenzies Bacon Butty 7-**

Two rashers of Award-winning Mackenzies Yorkshire 3mm thick back bacon served with a choice Tiptree sauces on a choice of white or brown bloomer

## **Hot Sausage Butty 7-**

Two Kentish Cumberland sausage served warm on a choice of white or brown bloomer and a choice Tiptree sauces.

## **Sausage English Muffin 5-**

A double sausage patty served on a toasted english muffin.

## **Pancake Stack 8-**

Enjoy five pancakes made in our kitchen oven baked to order with a choice of single origin Canadian maple syrup/chocolate sauce/nutella and fresh fruit.

## **Waffle Stack 8-**

Enjoy three hot waffles made in our kitchen with a choice of single origin Canadian maple syrup/chocolate sauce/nutella and fresh fruit.

## **Avocado on Toast 9-**

Smashed avocado on your choice of white/malted bloomer or gluten-free bread with chilli flakes and mixed seeds finished with a pea-shoot garnish.

# PANINI

## **Cheddar & Kentish Honey Roast Ham 8-**

Dorset Coastal cheddar with locally sourced Kentish honey roast ham.

## **Brie, Bacon & Cranberry 8-**

Normandy Brie, Mackenzies Smokehouse bacon and cranberry sauce.

## **Goats Cheese & Caramelised Red Onions 8-**

French Chèvre Buche goats cheese served with a generous serving of caramelised red onions.

## **Salted Beef and Emmental 8.5-**

Kentish pasture reared salted beef, with tracklements mustardmayonnaise, melted Emmental and finished with a side crunchy cornichons.

## **Tuna Melt 8.5-**

Dorset Coastal cheddar with dolphin-friendly responsibly sourced pole and line caught tuna mixed with mayonnaise.

## **Kentish Blue, Cranberry & Bacon 8.5**

Mackenzies Yorkshire smokehouse smoked bacon, Kentish blue and cranberry sauce.

## **Chicken, Basil Mayo and Emmetal 9-**

Kentish chicken breast with a basil mayonnaise and emmental cheese.

## **Kentish Blue and Mango Chutney 9-**

Kentish blue with mango chutney.

# SANDWICHES

*Served on a choice of white/malted bloomer or gluten-free bread*

## **Tuna Mayo 8.5-**

Dolphin-friendly, responsibly sourced pole and line caught tuna mixed with mayonnaise.

## **Houmous & Mediterranean Roasted Vegetables 8-**

Our home roasted Mediterranean vegetables with houmous.

## **Cheddar & Kentish Honey Roast Ham 8-**

Dorset Coastal cheddar with locally sourced Kentish honey roast ham.

## **Cheddar and Caramelised Red Onions 8-**

Dorset Coastal cheddar served with home-made caramelised red onions

## **BLT 9-**

Mackenzies Yorkshire Smokehouse bacon, heritage tomatoes, Kentish lettuce finished with mayonnaise. Served toasted.

## **CLT 9.5-**

British slow roasted chicken breast served with Kentish leaves and tomatoes served on a choice of white/malted bloomer.

## **John Ross Jr Scottish Smoked Salmon & Cream Cheese 11-**

The finest cuts of responsibly sourced smoked salmon with a generous serving of local cream cheese.

# JACKET POTATOES

*Our Jacket potatoes are baked fresh in-house and sourced locally from farms in Kent and the South East. Served with a generous helping of Kentish salad with our signature balsamic dressing.*

## **Heinz Baked Beans** 7.5-

Plain and simple, a locally sourced jacket potato with Heinz Baked Beans.

## **Cheddar Cheese** 8-

Plain and simple, a locally sourced jacket potato with Dorset Coastal Cheddar.

## **Heinz Baked Beans & Cheddar Cheese** 8.5-

Heinz Baked Beans and mature Dorset Coastal cheddar served on a locally-sourced jacket potato.

## **Houmous & Mediterranean Roast Vegetables** 10-

Our home roasted Mediterranean vegetables with houmous served on a locally sourced jacket potato.

## **Tuna Mayonnaise** 10-

Dolphin-friendly, responsibly sourced pole and line caught tuna mixed with mayonnaise.

## **Tuna Mayonnaise & Cheddar Cheese** 11-

Dolphin friendly, responsible sourced pole and line caught tuna mixed with mayonnaise finished with Dorset Coastal Cheddar cheese.

## **Beef Chilli Con Carne** 10-

Lean beef chilli con carne served on a jacket potato.

## **Beef Chilli Con Carne & Cheddar Cheese** 11-

Lean beef chilli con carne served on a jacket potato finished with Dorset Coastal Cheddar cheese.

## **3 Beans Chilli** 10-

Our vegan three bean chilli served on a locally sourced jacket potato.

## **3 Beans Chilli & Cheddar Cheese** 11-

Our vegan three bean chilli served on a locally sourced jacket potato with a side of Dorset coastal cheddar.

## **3 Beans Chilli & Grated Vegan Cheddar** 11-

Our vegan three bean chilli served on a locally sourced jacket potato with a side of our vegan cheddar.

# HOT PLATES

## **Chilli Con Carne 11-**

Lean beef chilli con carne served with rice and a side of Dorset Coastal Cheddar.

## **3 Beans Chilli and Cheese GF V 11-**

Our 3 bean chilli served with rice and a side of Dorset Coastal Cheddar.

## **3 Beans Chilli and Vegan Cheese GF VE 11-**

Our 3 bean chilli served with rice and a side of grated vegan

# HOME-MADE SOUPS

*Made in our kitchen! We also use Kentish produce when in season.*

## **Tomato & Basil VE 7-**

We sweat the onions in Kentish Coldpress rapeseed oil before adding fresh basil and tomatoes, we blend and season.

## **Cauliflower Cheese Soup V VE 7-**

We sweat the onions in Kentish coldpress rapeseed oil before adding fresh cauliflower, vegetable stock and blend. When we serve the soup we add extra mature West Country cheddar or vegan cheese to taste.

## **Spicy Chilli Bean VE 8.5-**

Our famous chilli bean soup made with a mixed of beans, sweet potato, red pepper, tomatoes and plenty of scotch bonnets.

## **Proprietor's Choice from 7-**

A soup made fresh by our kitchen, using locally-sourced in season produce.

# COLD PLATES

## Coastal Cheddar Ploughmans **GF** **V** 9-

A generous chunk of Dorset Coastal Cheddar, Opies Kentish pickled onion and tracklement chutneys served with a side of Kentish Salad and white/malted bloomer or gluten-free bread.

## Houmous & Mediterranean Roasted Vegetable Salad **GF** **VE** 11-

Our home roasted Mediterranean vegetables with houmous served on a bed of Kentish salad with our signature balsamic dressing and a choice of white or malted bloomer.

## John Ross Jr Smoked Salmon Salad **GF** 12-

Waves of John Ross Jr Scottish smoked salmon with Kentish mixed leaves, tomatoes and our signature dressing. Served with white/malted bloomer or gluten-free bread.

# CREAM TEAS / AFTERNOON TEA

## Traditional Cream Tea (The smaller one) **V** 7-

Enjoy one fruited scone fresh from the oven with Rodda's clotted cream, Tiptree Strawberry preserve and a choice of tea.

## Traditional Cream Tea **V** 8-

Enjoy two fruited scones fresh from the oven with Rodda's clotted cream, Kentish Wooden Spoon Strawberry & Champagne preserve and a choice of tea.

## Mini Afternoon Tea 14-

Two finger sandwiches of ham and English mustard, John Ross Jr Smoked salmon and local cream cheese, two petit fours, two macaroons, a freshly baked fruit scone, tiptree preserve and Cornish clotted cream.

## COLD BEVERAGES

- Coca Cola** (Glass Icon Bottle) 3.5-  
**Diet Coke** (Glass Icon Bottle) 3.5-  
**Sprite** (Glass Icon Bottle) 3.5-  
**Fevertree Tonics** (Various Flavours) 3-  
**Fentimans** 3.5-  
Ginger Beer, Victorian Lemonade, Rose  
Lemonade, Elderflower  
**Fanta** (Glass Bottle) 3.5-  
**Hildon Still Spring Water** 2.5-/5-  
**Hildon Sparkling Spring Water** 2.5-/5-

## FRUIT JUICE

- Biddenden Apple Juice** 3-  
**Biddenden Pear Juice** 3-

## REAL FRUIT SMOOTHIES

- Banana & Strawberry** 5-  
**Mango & Passionfruit** 5-  
**Mixed Berries** 5-  
**Kale, Spinach, Celery,  
Banana & Pineapple** 5-

## ICED COFFEES

- Traditional Iced Coffee** 4-  
Double shot of our signature espresso,  
topped up with cold milk.  
**Flavoured Iced Coffee** 4.5-  
Double shot of our signature espresso,  
topped up with cold milk and a shot of syrup  
of your choice.

## FRAPPÉS

- Vanilla Frappé** 4.5-  
Vanilla seeds with crushed ice and milk.  
**Strawberry Frappé** 4.5-  
Vanilla seeds, strawberry syrup with crushed  
ice and milk  
**Caramel Frappé** 4.5-  
Vanilla seeds, caramel syrup with crushed ice  
and milk  
**Chocolate Frappé** 4.5-  
Chocolate with crushed ice and milk.  
**Caffe Latte Frappé** 4.5-  
Our signature espresso topped with vanilla  
seeds, crushed ice and milk.  
**Kit-Kat Frappé** 5-  
Two Kit-Kat fingers with a dash of chocolate,  
vanilla seeds, crushed ice and milk.  
**Add syrup to your Frappé for an extra**  
**0.5-**



## RED WINE 750ml Bottle

- Begerac Merlot** (France) 20.5-  
**Sangiovese Rubicone** (Italy) 20.5-  
**Les Mougeottes** (France):  
**Cabernet Sauvignon** 26-  
**Malbec** 30-  
**Pinot Noir** 32-

## WHITE WINE 750ml Bottle

- Pinot Grigio Single Vineyard** 20.5-  
(Hungary)  
**Colombard Sauvignon Blanc** 20.5-  
(France)  
**Bergerac Sauvignon Blanc** 20.5-  
(France)  
**Chapel Down Bacchus** (Kent, UK) 35-  
**Hush Heath Balfour Liberty's Bacchus** 35-  
(Kent, UK)

## ROSÉ WINE 750ml Bottle

- Roller Girl White Zinfandel** (USA) 20.5-  
**Rose De Loire** (France) 25-  
**Biddenden Gribble Bridge Rose** (Kent) 30-

## SPARKLING WINES

750ml Bottles

- Tosti Prosecco Extra Dry** 29-  
Fine, persistent, soft fizz surrounds the typical fruit spectrum of apple and pear with a hint of peach. (Veneto, Italy)

- Simpsons Chalklands Classic Cuvée** 47-  
Pale gold in colour and displaying an enticing caramelised pear and floral millefeuille pastry nose, the Chalklands Classic Cuvée has bright citrus fruit flavours, linear precision and impressive length. (Kent, UK)

## CHAMPAGNE

- Perrier-Jouët Brut** 62-  
The subtlety of the Perrier-Jouët Grand Brut cuvée and its floral and fruity fragrances is an incredibly light and agreeable fresh champagne.  
**Perrier-Jouët Brut ½ bottle** (37.5ml) 36-

# SPIRITS

## GIN 50ml/25ml

- Anno Kent Dry Gin 43% 8-/5.5-
- Tanqueray Export Strength 43.1% 7-/4.5-
- Gin Lane 1751 Victoria Pink 40% 7-/4.5-
- Adnams Copper House Dry 40% 7-/4.5-
- Blackwood Vintage 2012 Gin 40% 7-/4.5-
- Malfy Gin Originale 41% 7-/4.5-
- Malfy Gin Originale 41% 7-/4.5-
- Malfy Gin Con Limone 41% 7-/4.5-
- Malfy Gin Con Arancia 41% 7-/4.5-
- Warner Edwards Rhubarb Gin 40% 8-/5.5-

## VODKA

- Russian Standard 38% 6-/3.5-
- Stolichnaya Red 40% 6-/3.5-
- Stolichnaya Elite 40% 6-/3.5-

## WHISKEY

- Grants Blended Scottish Whiskey 40% 6-/3.5-
- Jack Daniel's No.7 40% £7.00/4.50
- Johnnie Walker Black Label 40% 8-/5.5-
- Nikki Whiskey from the Barrel 51.4% 8-/5.5-
- Johnnie Walker Double Black 40% 9.5-/7-
- Johnnie Walker Green Label 43% 10.5-/8-
- Johnnie Walker Blue Label 40% 24-/12-

## COGNAC

- Three Barrels VSOP 38% 6-/3.5-
- Hennessy VS 40% 8-/5.5-
- Remy Martin VSOP 40% 8-/5.5-
- Remy Martin XO 40% 24-/12-

## RUM

- Bacardi Carta Blanca 37.5% 6-/3.5-
- Rumbullion! 42.6% 7-/4.5-
- Fallen Angel Spiced Rum 41.3% 8-/5.5-
- Plantation XO Barbados 40% 9-/6.5-

## LIQUEURS

- Disaronno 28% 6-/3.5-
- Frangelico 20% 6-/3.5-
- Baileys 17% 3.5-/ -
- Cointreau 40% 7-/4.5-
- Grand Marnier 40% 7-/4.5-

Fevertree mixers available

# ALLERGENS

*Although every effort is made in our kitchen to reduce the possibilities of cross contamination, please beware our kitchen handles the following allergens:*

**Celery**  
**Cereals containing gluten**  
**Crustaceans**  
**Eggs**  
**Fish**  
**Lupin**  
**Milk**  
**Mustard**  
**Tree nuts**  
**Peanuts**  
**Sesame seeds**  
**Soybeans**  
**Sulphur dioxide and sulphites.**

*Menu items marked with **GF** are as an advisory, our kitchen handles gluten and therefore isn't a gluten-free environment. We do prepare gluten-free dishes separately to those containing gluten.*

*If you have a special dietary requirement or food intolerance please let a member of our team know. We have a full allergens breakdown available on request.*

## **Our suppliers include:**

*Mackenzies Yorkshire Smokehouse, Blubberhouses, Yorkshire; Hinxden Farm Dairy, Benenden, Kent; Peck & Strong Bakery, Crediton, Devon; Jo's Cakes, Halling, Kent; John Ross Jr Aberdeen, Aberdeen, Scotland; Moors Organic, Teynham, Kent; Bells Village Bakery, Lazonby, Cumbria; Speldhurst Sausages, Tunbridge Wells, Kent; Maws for Fine Foods, Cranbrook, Kent; T.H. Brown and Sons, Shorne, Kent, Kent; Hush Heath Estate, Staplehurst, Kent; Biddenden Vineyards, Biddenden, Kent; Chapel Down, Tenterden, Kent; Wilkins & Sons, Tiptree, Essex; Arthur Haigh, Dalton, Yorkshire; Court Farm Butchery and Country Larder, Halling, Rochester; Rj Kingslands & Sons, Maidstone.*

# HOT BEVERAGES

- Espresso 2.65
- Doppio Espresso 3.05
- Americano 3.25
- Cappuccino 3.25
- Latte 3.25
- Vanilla Latte 3.75
- Caramel Latte 3.75
- Mocha 3.75
- Hot Chocolate 3.75
- Spiced/Vanilla Chai 3.65
- Shot of Syrup 0.5-
- Yorkshire Tea (pot) 2.75
- Tea and the Gang Teas 3.25

*Soyal/Oat/Almond Milk and Decaffeinated available on request.*

*Upgrade your drink!*

*Whipped Cream 0.3-; Marshmallows 0.2-*

# WINE BY THE GLASS\*

Medium 175ml / Large 250ml

## RED

- Bergerac Merlot (France) 7- / 9-
- Sangiovese Rubicone (Italy) 7- / 9-

## WHITE

- Pinot Grigio Single Vineyard (Hungary) 7- / 9-
- Colombard Sauvignon Blanc (France) 7- / 9-

## ROSÉ

- Rosé De Loire 2017 (France) 7- / 9-
- Roller Girl White Zinfandel (USA) 7- / 9-

## SPARKLING 125ml glass

- Glass of Prosecco 7.5-
- House Champagne 8.5-

*\* 125ml available by request*